

2023 2nd Annual Desert Nightmare Wrestling Tournament Hosted by Shadow Hills High School November 17-18, 2023

**Weigh-Ins will from 7am (Friday) in Gym at 7am on Saturday
Wrestling starts @ 10am (Friday) wrestling starts @ 10am Saturday**

**Cost: \$450.00 per team \$30.00 Per Wrestler. Additional wrestlers will be admitted **not guaranteed:*
Please make a check payable to Shadow Hills Wrestling booster, Attention Ahmad Spry.**

Seeding meeting: Will be done by committee. Please post all seeding information by Wednesday night, November 15th by 8pm

Weights: CIF weights + 1 pound allowance day 1. Additional pound will be given for consecutive days of wrestling, CIF +2

Friday (7:00am-10:00) 107, 114, 121 +1lb...

Saturday (7:00am sharp, Doors will be closed at that time:108, 115, 122 +2lbs...

Brackets

K& D Wrestling (Trackwrestling) Please have wrestlers entered by deadline.

Hospitality Room: For coaches and officials on Saturday

Passes: Each team will receive 4 wristbands for statisticians /coaches. Center of mats will be clear, 2 to a corner

Admissions: Friday and Saturday - \$7.00 adults - \$4.00 students w/ ASB

**Awards: 1st Championship Belt
2nd - 8th Individual Awards
1st – 6th Team Awards
Outstanding Wrestler Awards
Lower weights: 106 – 145
Upper weights: 152 – HWT**

Top 6 teams from previous season

- 1. Shadow Hills (Indio)**
- 2. West Valley (Hemet)**
- 3. La Quinta (LQ)**
- 4. Coachella Valley (Thermal)**
- 5. Indio**
- 6. Liberty (Winchester)**

Snack Bar: There will be a full snack bar for your convenience.

Coolers: No food or drinks will be allowed in the gym. All coolers will have a check in area. Thank you for your cooperation.

Thank you. If you need anything please feel free to contact me.

Ahmad Spry

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