

21st Annual No Guts, No Glory Tournament



Varsity: Wednesday, December 29th and Thursday, December 30th

Girls: Wednesday, December 29th

JV: Thursday, December 30th

Where: Natomas High School
3301 Fong Ranch Road

Awards: Special Award for all Champions
Medals for top placers (Varsity top 6, Girls and JV top 4)
Team Awards (Varsity and Girls)
Most Outstanding Wrestler Awards (Varsity and Girls)

Registration: Registration forms will be emailed to coaches once they have been confirmed into the tournament.

Format:

Varsity Boys	Day 1: Pools of 4 Day 2: Bracket according to pool results (8 man brackets)
Girls	Pooled or bracket, according to number of wrestlers
JV	Pooled by actual weights (4 man pools)

Entry Fees:	<u>Varsity Boys</u>	<u>Girls</u>	<u>JV Boys</u>
	\$275 team	\$225 team	\$200 team
	\$25 per wrestler	\$20 per	\$20 per wrestler

**Make checks payable to:
Natomas Wrestling
3301 Fong Ranch Rd.
Sacramento, CA 95834**

Contact: Jeremy Arsich at 916-996-9817 or email coacharsich@yahoo.com